



Infant Heel Warmer

Instructions For Use



Infant heel warmers are designed to safely and comfortably increase blood flow to the infant's heel area. By increasing blood, the potential for painful bruising, infection, or cartilage damage caused by frequent or repeated heel sticks is minimized.

Preparation for Use:

- 1. Confirm product date code is within Manufacturer expiration date code specifications (Maximum Two (2) years from manufactured date)
- 2. Ensure that pouch physical conditions (pouch seal), and contents looks fine.
- 3. Before activation, massage pouch to bring solution close to manufacturer's activation temperature recommendations 75-78 °F (23.8 -25.6 °C).

Steps for Use of Product:

1. Inside the pouch locate a round metal disc and grasp with thumb and forefingers.

Confirm that recommended activation set temperature (Start Temperature) is within $+(.75 \degree E(23.8 \degree C) + (.19 \degree E)$

within +/- 75 °F (23.8 °C) +/- 1°F.

2. Flex the disc rapidly until pouch liquid transform to crystals and pouch begins to warm up.

- 3. Massage the bag for 30 seconds to increase the product temperature, distribute the heat evenly and soften the bag. Insure that the product does not feel too warm prior to application.
- 4. Apply the pouch Non-Printed side to the patient.

5. To secure the bag, peel the paper covering the adhesive part of the strap and adhere it to the opposite side of the bag.

6. Monitor the patient's skin occasionally to see if the skin is reddened.

Notes:

a) Do Not apply the adhesive part of the strap to infant skin.

- b) Do not apply to unattended infants.
- c) Disposable product Single Use Only ***DO NOT REUSE***

Cat #	Description	UOM
ES23530	Infant Heel Warmer, Liquid	25/pack, 4 packs/case

